

Volunteers are Vital

Volunteers are the backbone of the Special Olympics Florida movement. They enable Special Olympics to offer sports training and competition and provide our athletes with the opportunity to grow and showcase their skills.

When you volunteer, you join an international family of people from all walks of life who gain a greater understanding of and appreciation for people with intellectual disabilities through their participation. The Special Olympics movement can ultimately transform communities by inspiring people throughout the world to open their minds, accept and include people with intellectual disabilities and thereby celebrate the similarities common to all people.

Special Olympics Florida would not exist today without the time, energy, dedication, and commitment of more than 25,000 volunteers. Those year-round and day-of volunteers work at various levels and fill a wide variety of roles in our programs.

Below is a broad description of the activities in which the majority of volunteers participate. This will give you a basic overview of the responsibilities associated with the different assignments and general understanding of the time commitment required. Remember, the specifics of the actual assignment are certain to vary according to the individual program requirements within each county. Contact your [local county coordinator](#) for more information and to get involved.

Category	Description	
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Approx. Amount of Time Required

Sports Training	Works directly with athletes	Seasonal, depends on skills, specific to Special Olympics
Sports Management	Plan, develop, implement	Range from approximately 2-3 months for events
Administration	Membership on boards,	Months, year, or longer, depending on role
Public Information & Promotion	Prepare and/or convey information	Flexible, about a Special Olympics event or program
Fundraising	Plan and/or implement activities	to raise donations, single-level support through
Community Liaison	Serve as a communication link	Flexible, liaison role, to represent Special Olympics at
Transportation	Provide or arrange transportation	usually for athletes a week or longer in Special Olympics
Sports Competition	Perform short-term tasks	usually 4-8 hours at the actual event with 3-4 weeks
Office Support	Tasks associated with support	generally 4-6 hours a week for program functions: coordination
Specific Individual Interest	Match, train individual's	flexible, depends on specific organization need/d

Contact Us

If you have any further questions or need more information about Special Olympics Florida in general.

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